



FOR IMMEDIATE RELEASE  
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## **“Colorectal Cancer: What You Need to Know”**

VALPARAISO – More than one in four people over the age of 50 have a pre-cancerous polyp in their colons and don’t know it.

Join Dr. Sophia Khan and Nurse Practitioner Jane Maddox March to learn the latest information about detecting and preventing colorectal cancer and what you can do to keep your colon healthy.

“Nearly 90 percent of all cases of colorectal cancer are diagnosed in people older than 50,” Khan says. “Regular colonoscopies can help detect precancerous polyps on the lining of the colon where they can be removed before they become cancerous.”

When detected and treated early, the five-year survival rate for colorectal cancer is greater than 90 percent.

Hosted by Porter’s Senior Circle Chapter, this free program will be held at 2 p.m. Wednesday, March 11 at Porter’s Education and Rehabilitation Campus, 1401 Calumet Avenue, Valparaiso.

For more information or to pre-register call 263.7285.